



October




Hellenic Classical Charter Schools - Park Slope

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <ul style="list-style-type: none"> Dress down day - Hispanic Heritage Day - wear orange, red, yellow or green tops & jeans Student government campaigning begins PTA Meadow Farms fundraiser begins 	2 <ul style="list-style-type: none"> Mr. Adam snack sale - all proceeds benefit the Athletics department 	3 <ul style="list-style-type: none"> HCCS closed for Rosh Hashanah 	4 <ul style="list-style-type: none"> HCCS closed for Rosh Hashanah 8th grade - last day to register for extended time for TACHS 	5
6	7 <ul style="list-style-type: none"> Class Picture Day - Pre-K-7th grade All gym classes are canceled for today. Athena's Academy Greek afterschool program begins - grades 5-8 	8	9 <ul style="list-style-type: none"> Individual Picture Day - Pre-K-7th grade 	10	11 <ul style="list-style-type: none"> Second grade trip to Green Meadows Middle school DDC (dress down cards) begin Chess Fridays begin for Grades 3 - 5! Principal for a Day 	12
13	14 <ul style="list-style-type: none"> HCCS closed for Columbus Day/Italian Heritage Day/Indigenous Peoples' Day 	15 <ul style="list-style-type: none"> NWEA ELA Testing grades 1-8 PTA Meeting - 5:00pm - student of the month certificates will be distributed 	16 <ul style="list-style-type: none"> PTA Snack Sale - all snacks \$1.00 	17	18 <ul style="list-style-type: none"> Progress reports mailed home - 1st - 8th grade Breast cancer awareness dress down day - wear pink or white tops and jeans Middle school student government elections Mingling in to Fall Fundraiser - 7pm 	19 <ul style="list-style-type: none"> Mr. Adam's Fun Run 69th St. Pier - more details to follow
20	21	22 <ul style="list-style-type: none"> NWEA Math Testing grades 1-8 	23 <ul style="list-style-type: none"> HCCS Virtual School Board Meeting - 9:30am - link on school's website 	24 <ul style="list-style-type: none"> 7th grade high school meeting - 5pm 	25 <ul style="list-style-type: none"> OXI Day Performance - grades K-3 - 9:30am Middle school dance - 4:00 - 5:45pm 	26
27	28 <ul style="list-style-type: none"> OXI Day dress down day - wear blue or white tops and jeans Learn with Me Week begins! More details to follow! 	29 <ul style="list-style-type: none"> NWEA Science Testing grades 5 & 8 	30 <ul style="list-style-type: none"> Fifth grade trip to CSI 8th Grade - last day to register for TACHS PTA Snack Sale - all snacks \$1.00 	31 <ul style="list-style-type: none"> Dress down day - wear orange, purple or black tops and jeans Pumpkin Patch/Character Hat Day - Pre-k - 5th Magic Show - Pre-k - 1st grade 		



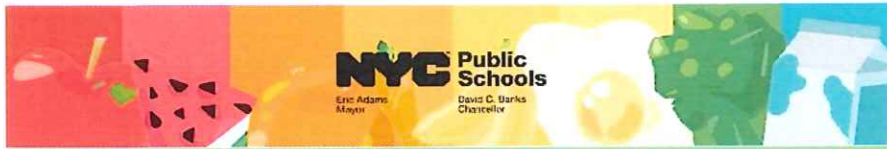

ATHLETICS SCHEDULE

MON. 4th & 5th GR. BOYS
TUE. 6th - 8th GR. BOYS
WED. 6th - 8th GR. GIRLS
THURS. 4th & 5th GR. GIRLS
FRI. 6th - 8th PRACTICE



CHEERLEADING
TUESDAY
 3:45 - 4:45

DANCE
TUES/THURSDAY
 3:45 - 4:45



OCTOBER 2024: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 Rosh Hashanah	4 Rosh Hashanah
<p>WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p>Three Bean Chili Southwest Pasta Bowl (VE) or Turkey Chili Southwest Pasta Bowl*</p> <p>Street Style Corn (V)</p> <p><i>Salad Bar</i> Fiesta Bar</p>	<p>Veggie Nuggets (VE) Dipping Sauce</p> <p>Chicken Dumplings</p> <p>Garlic Teriyaki Green Beans (VE)</p> <p>Brown Rice (VE)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p>Turkey Cheeseburger Whole Wheat Bun</p> <p>Turkey Burger Whole Wheat Bun</p> <p>Fish and Cheese Sandwich Whole Wheat Bun</p> <p>Herb Roasted Potatoes (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p>Rustic White Beans (VE)</p> <p>Penne Bruschetta (VE)*</p> <p>Italian Roasted Carrots (VE)*</p> <p>Warm Breadstick (V)</p> <p>Three Cheese Grilled Cheese (V)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>
7	8	9	10	11
<p>Pepper and Onion Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Seasoned Peas (VE)</p> <p>Mixed Green Salad (V)</p> <p><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Plastic Free Lunch Day</p> <p>Chicken Tenders</p> <p>Corn on the Cob (VE)</p> <p><i>Dinner Roll (VE)</i></p> <p><i>Salad Bar</i> Plastic Free Lunch Bar</p>	<p>Mushroom Swiss Veggie Burger (V)* Whole Wheat Bun</p> <p>Caribbean Style Beef Patty</p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p>BBQ Chicken Thighs</p> <p>Butternut Squash Mac and Cheese (V)*</p> <p>Honey Corn Bread (V)</p> <p>Crispy Broccoli (V)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p>Black-Eyed Peas with Tomato and Kale (VE) with Brown Rice (VE)</p> <p>Sweet Potato Wedge Fries (VE)</p> <p>Southwest Burrito (V)</p> <p><i>Salad Bar</i> Fiesta Bar With Diced Tomato (VE)</p>
14 Italian Heritage/Indigenous Peoples Day	15	16	17	18
<p>Sicilian Slice Pizza (V)</p> <p>Parmigiana Spinach (V)</p> <p><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Teriyaki Veggie Nuggets (VE)</p> <p>Sweet & Sour Chicken Bites</p> <p>Ginger Carrots (V)</p> <p>Brown Rice (VE)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p>Mozzarella Sticks (V) with marinara sauce (VE)</p> <p>Roasted Zucchini and Tomatoes (VE)</p> <p><i>Garlic Knot (V)</i></p> <p><i>Salad Bar</i> Pizza Bar</p>	<p>Chickpea Shawarma (VE)* or Chicken Shawarma*</p> <p><i>Curry Potato (VE)*</i></p> <p>Flat Bread (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p>Sweet Potato Quesadilla Rollup (V)*</p> <p>Tomato Vinaigrette Salad (VE)*</p> <p>Apple Citrus Pico de Gallo (VE)*</p> <p>Guscumole (VE)</p> <p>Veggie Burger (VE)</p> <p><i>Salad Bar</i> Fiesta Bar</p>
21	22	23	24	25
<p>Margherita Pizza (V)</p> <p>Pizza by the Slice (V)</p> <p>Superhero Spinach (VE)</p> <p><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Three Bean Chili Southwest Pasta Bowl (VE) or Turkey Chili Southwest Pasta Bowl*</p> <p>Street Style Corn (V)</p> <p><i>Salad Bar</i> Fiesta Bar</p>	<p>Veggie Nuggets (VE) Dipping Sauce</p> <p>Chicken Dumplings</p> <p>Garlic Teriyaki Green Beans (VE)</p> <p>Brown Rice (VE)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	<p>Turkey Cheeseburger Whole Wheat Bun</p> <p>Turkey Burger Whole Wheat Bun</p> <p>Fish and Cheese Sandwich Whole Wheat Bun</p> <p>Herb Roasted Potatoes (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p>Rustic White Beans (VE)</p> <p>Penne Bruschetta (VE)*</p> <p>Italian Roasted Carrots (VE)*</p> <p>Warm Breadstick (V)</p> <p>Three Cheese Grilled Cheese (V)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>
28	29	30	31	
<p>Pepper and Onion Pizza (V)</p> <p>French Bread Pizza (V)</p> <p>Seasoned Peas (VE)</p> <p>Mixed Green Salad (V)</p> <p><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p>Plastic Free Lunch Day</p> <p>Chicken Tenders</p> <p>Corn on the Cob (VE)</p> <p><i>Dinner Roll (VE)</i></p> <p><i>Salad Bar</i> Plastic Free Lunch Bar</p>	<p>Mushroom Swiss Veggie Burger (V)* Whole Wheat Bun</p> <p>Caribbean Style Beef Patty</p> <p>Seasoned Wedge Fries (VE)</p> <p><i>Salad Bar</i> Classic Toppings</p>	<p>BBQ Chicken Thighs</p> <p>Butternut Squash Mac and Cheese (V)*</p> <p>Honey Corn Bread (V)</p> <p>Crispy Broccoli (V)</p> <p>Honey Graham Cracker (V)</p> <p><i>Salad Bar</i> Leafy Green Salad Bar</p>	
<p>Monday</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) 	<p>Tuesday</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich 	<p>Wednesday</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich 	<p>Thursday</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich 	<p>Friday</p> <ul style="list-style-type: none"> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Crackers (V) • Hot or Cold Cheese Sandwich (V) • Southwest Burrito (V)

Milk
1% Low-fat (V)
Fat Free (V)
Fat Free Chocolate (V)
Alternative options are available upon request

ATTENTION:
All Pre-K Students CANNOT be Offered Chocolate Milk or Cookies

OFNS Menu Support
Seasonal Fresh Fruit and Vegetables when available

Seasonal Fresh Fruit
Apples, Apple Slices, Cantaloupe, Grapefruit, Grapes, Honeydew, Oranges, Pears, Plums, Bananas, Watermelon, and Strawberries (VE)

OFNS has an extensive Prohibitive Ingredients List available at:



* Recipes created in collaboration with OFNS and Wellness In The Schools

• Vegetarian Item (V): A food that excludes meat, it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.
• Vegan Item (VE): A food that excludes animal products, such as eggs, dairy, and meat, it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.